

IMPACT Meeting Notes

Date: Tuesday, October 12, 2021, 4:30 pm to 6 pm

Location of Meeting: Zoom

Meeting Start: 4:40 pm

Present: Rebecca Pauls, Alex Neff, Ryvvr Tupper, Shelley Nessman, Liz Charyna, Jule Hopkins, Ragne Reid

Regrets: Sophie Yendole

Topic	Key Points of Discussion	Action to be Taken & Person Responsible	Timeline
Welcome In Activity <i>(lead by Shelley)</i>	Gratitude shares: <ul style="list-style-type: none"> ● Grateful for opportunities that arise everyday to look at life for what it is and be grateful for it. ● Grateful to have opportunity to help Bo with 2 minor and 2 major challenges (undescribed) ● Grateful for Thanksgiving despite it being hard. Grateful for siblings, friends, and family. ● Grateful for Zoom (to help people stay connected during the pandemic.) ● Grateful for opportunities to be a storyteller with co-workers; series of conversations originating in Australia - opportunity to work with coworker at Self Advocacy Leadership Network <ul style="list-style-type: none"> ○ <i>“How self-advocates take their power while getting systems to take a back seat?”</i> 		

<p>PLAN Meeting Format</p>	<p>How we work is as important as what we do.</p> <p>During the Listening Sessions that Rebecca and Shelley conducted in September 2021, there were several key themes that emerged: importance of time together as a team, consistent meetings structure and schedule, team culture - sharing information and updates.</p> <p>Based on this important feedback, we are pleased to introduce Fancy Meeting You Here, PLAN's new meeting structure focused on Intention, Planning, Consistency, Accountability. Each Impact Meeting will be a Welcome In Activity, Planning a Good Life discussion and Team Updates.</p>	<ol style="list-style-type: none"> 1. Mentors to read through Fancy Meeting You Here document and share feedback and ideas with Rebecca 2. Alex - Update readings to provide physical and digital page numbers 3. Alex - Finalize Calendar PDF with 1-on-1 meetings 4. Mentors will prepare Welcome In activities according to the schedule <p>Welcome In Activity Schedule:</p> <ul style="list-style-type: none"> - November - Ryvvr - December - Sophie - January - Ragne - February - Jule - March - Liz - April - Shelley - May - Ryvvr - June - Sophie - July - Ragne - August - Jule - September - Liz - October - Shelley 	
<p>Planning for a Good Life <i>(lead by Rebecca)</i></p> <ul style="list-style-type: none"> ● What stood out from the readings? ● Review Good Life Elements and Outcomes ● SOAR Discussion ● Planning and Action 	<p>Mentors were asked to read:</p> <p><u>Safe and Secure</u> <i>Clarifying your vision</i> <i>Securing your plan</i></p> <p>Pre-Reading Anonymous Poll Results:</p> <ul style="list-style-type: none"> ● 60% of team completed readings beforehand ● GOAL = 100% 	<ol style="list-style-type: none"> 1. Whole Team - all team members to complete pre-readings - 	<p>Next meeting (Tuesday November 9th)</p> <p>Next meeting (Tuesday November 9th)</p>

Highlights from team discussion:

“I like how you had us read the beginning and the end [of A Good Life] because it reminded me of so many families we support. You can have your plan, but you haven’t verbalized it or done anything to make it happen.”

You assume how things will go but you might not have spoken about it.

Lifetime Members, Oseki family, mentioned:

“Glory had just imagined that she couldn’t ask her daughter Lana (Cavazzi) to be the person to help with Todd (son). Meanwhile, Lana had always imagined that she would be the person taking care of Todd. They had never had a conversation about it and they went to a PLAN seminar together and Glory mentioned starting a plan when Lana spoke up to say “obviously, it is going to be me!” Lana was in her 30’s at that point and the family had never shared that conversation before.

Sometimes we make assumptions about how things are going to happen without any tangible plan in place”.

Is there older terminology in these books that inspires a need for updating?

	<p>Even though people know of us, they struggle to know “how and who” can help. How can we streamline processes and help more than 100 people (68 networks)?</p> <p>Shared documents to give to families. “Move processes out of our heads, into our hearts, and on to paper”</p>		
<p>Lifetime Membership Updates (lead by Ragne)</p>	<ul style="list-style-type: none"> - Has been focused on hiring new Connectors - 5 new families - New Community Connectors will be coming to next Connectors meeting - Still looking for new Connectors - Developing Family Directory 	<p>1. Ragne - Work together with Alex and team to complete Family Directory for new year</p>	<p>January 2022</p>
<p>Coordinator Updates (lead by Alex)</p>	<ul style="list-style-type: none"> - Emphasizing Storytelling, and Transparency, and developing plain language resources so that the community understands and can share our story with confidence 	<p>1. Alex - Mentor interviews for blog</p>	
<p>Planning and Advocacy Updates (lead by Jule)</p>	<ul style="list-style-type: none"> - Focusing on supporting aging parents with health and funding support navigation - both for themselves and their sons and daughters.. Developing initiative to ensure needs of aging parents are being addressed effectively 		
<p>Family Support and Leadership Update (lead by Shelley)</p>	<ul style="list-style-type: none"> - Story about Janette’s IT problems - wonderful example of team problem solving - Working on Personal Support Network Facilitation Course - Projects in Colorado, New York, Australia (and possibly Wales) 		

Executive Director Updates
(lead by Rebecca)

We need to maintain our COVID protocols even as BC moves forward in it's Reopening Plans.

We are continuing to follow the protocol that each request will be considered on a person by person basis. Here are some things to consider **before** having a conversation with Shelley about each request:

First and of utmost importance is the one you all know... if you are feeling unwell or have been unwell in the last 14 days, do not arrange to meet anyone in person. If you have been with other people who are unwell, do not arrange to meet anyone in person.

Before you agree to or plan anything with members or networks, please investigate before you invest!

Continue to ask "what is our due diligence?"
If you don't *need* to see each other in person, stick with virtual gatherings. Consider what is missing from the person's current plan and whether an in-person meeting is needed.

Consider your own activities and who you have been seeing in person

Consider who the people you are being requested to see have been seeing

We are still at a time where we could be exposed to Covid and so there is a possibility we could expose people if we ourselves are ill

1. Review [PLAN Vehicle Safety Guidelines](#)
2. Review [COVID-19 Pre-Visit Screening Tool](#)

	<p>Check with Families, when appropriate, to discuss a request made by a member to have an in-person meeting</p> <p>Consider the level of isolation of the person making the request, and the nature of their request</p>		
<p>Wrap Up (lead by Shelley)</p>	<p>Thank you everyone for joining this important meeting. We are looking forward to getting back on to a consistent schedule of Impact, Collaboration and Community Connector Meetings.</p>		

Minutes recorded by: Alex Neff

Meeting adjourned: 6 pm

Next Meeting: Tuesday, November 9, 2021 4:30 pm to 6 pm